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Thomas Henson Jr. was born in Chapel Hill, N.C., in 1965, and is a son of founding partner Thomas W. Henson Sr. He received his B.A. in business administration in 1986 and his J.D. in 1989 from the University of North Carolina at Chapel Hill. Since 1989, when he was admitted to the North Carolina State Bar and joined HensonFuerst, Mr. Henson has handled many types of personal injury cases. Now, he concentrates solely on traumatic brain injury, catastrophic personal injury, and nursing home litigation. He is admitted to practice in the U.S. District Court, Middle District of North Carolina.

Thomas was designated as a 2009 North Carolina Super Lawyer by *Law & Politics Media*. *Law & Politics* strictly adheres to a rigorous selection process, evaluating quality in the most objective possible terms, verifying and validating all data. The only way a lawyer can be chosen for designation as a Super Lawyer is through this selection process. *Law & Media* uses a system of nominations, peer evaluations and internal research, which acts as a system of checks and balances. As a 2009 North Carolina Super Lawyer designee, Thomas handles personal injury cases dealing with nursing home abuse and neglect.

Thomas is an experienced litigation attorney dedicated to making life better for the elderly. He is respected by his peers for the work he has done to improve the quality of elder care in the state of North Carolina. Thomas has served on the Board of Directors of Friends of Residents in Long Term Care and is a current member who actively strives to find a solution to the problem of elder neglect and abuse.

Thomas has lectured at North Carolina State University on nursing home neglect issues and for the North Carolina Academy of Trial Lawyers on nursing home litigation. He actively lobbies for legislative action to improve long-term care for the elderly in North Carolina. Additionally, he is actively involved in community efforts designed to reduce cycling injuries, particularly head injuries. These efforts include the firm's annual video public service announcement contest that asks area teens to create videos promoting the importance of cycling safety.

In 2007, Thomas received the Order of Service from the North Carolina Academy of Trial Lawyers. The award is given to members for generous contributions of service in advancing the Academy's mission of protecting people's rights.

Professional Associations

- American Association for Justice, Traumatic Brain Injury Litigation Group (www.atla.org)
- Brain Injury Association of North Carolina (www.bianc.net/)
- North Carolina Advocates for Justice (<http://www.ncaj.com/>)
 - Chairman of the Nursing Home Litigation Group
- North Carolina State Bar (www.ncbar.com)
- Wake Country Bar Association

Civic Organizations

- National Citizens' Coalition for Nursing Home Reform (www.nccnhr.org)
- Friends of Residents in Long Term Care, former board member (www.forltc.org)

Speaking Engagements

- North Carolina Academy of Trial Lawyers: “Nuts & Bolts of Negligence;” “The Basics of Nursing Home Litigation;” “The Trial of a Nursing Home Case;” and “Investigation and Civil Prosecution of a Nursing Home Case”
- North Carolina Bar Association: “What Every Attorney Should Know About Nursing Homes”
- Public seminar cosponsored by the North Carolina Division of AARP: “Long-term Care Financing”
- Eastern Carolina Ombudsmen: “Advocacy and Mediation in Nursing Home Cases